

***You and a colleague are invited  
to an evening of  
Speed Networking  
Involving  
The Chamber, Enterprise Board & Carlow Business Club  
at the  
Shamrock Plaza, Shamrock Square, Carlow  
Wednesday 11<sup>th</sup> March 2009, 6pm -8pm***

Throughout 2009, the Shamrock Plaza, Carlow Business Club ,Carlow Chamber and County Carlow Enterprise Board are joining forces to host FREE quarterly Networking events, which will provide attendees with an amazing opportunity to have a series of 3-minute one-on-one meetings with a wide variety of companies, to begin to build new business contacts.

It allows people to discover in a very short space of time common areas of interest, which can act as a basis for developing ongoing business relationships, be it finding new clients, accessing new audiences or meeting strategic business partners.

Format :Each 'Meeting' will last 3 minutes – when the whistle blows you will move to your next opportunity. Make sure to bring enough business cards, and also put a bit of thought into the message you want remembered!

Registration for each event will be from 6.00pm, with the Speed-Networking session commencing promptly at 6.30pm. Due to the nature of the event, overall numbers will be limited to 50, with a maximum of 2 people from the same company in attendance. We will be unable to accommodate non-registered arrivals on the night.

The facilitated networking session will last for 1 hour, guaranteeing you 20 new business contacts and will be immediately followed by refreshments and the opportunity to follow-up with those contacts who are serious prospects or to meet more participants in an informal setting.



**Don't forget your business cards!**

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**FAX BOOKING FORM 059 91 30652**

Name: \_\_\_\_\_

Company Name: \_\_\_\_\_

Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

Name/s of guest/s (if any): \_\_\_\_\_

For further information Please contact: Jacqui On 0868283637 or email [info@jacquimcnabb.ie](mailto:info@jacquimcnabb.ie)

